

CURRICULUM VITAE

Dr. Sunita Rani,(Ph.D.)

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Designation - Senior Assistant Professor

Department of Psychology

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Designation: Senior Assistant Professor

Department: Psychology, K.G.C., Gurukula Kangri (Deemed to be University), Haridwar, Uttarakhand State.

Education: M.A. (Psychology) Ph.D. (Psychology), NET(Psychology)

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TEACHING EXPERIENCE

Teaching Experience: Since 2006, K.G.C., Department of Psychology, GurukulKangri University, Haridwar-249407.

Teaching: M.A and Ph.D. students.

Specialization: cognitive process, applied psychology Clinical Intervention.

Training programme: Orientation programme 3 October to 31 October 2009

Refresher course 22 November to 11 December 2010

Refresher course 27 February to 20 March 2017

Workshops Attended-

- 3 day workshop on Hypnotherapy in JNU, Delhi. 25 to 27 October 2013
- 1 day post conference workshop on "Ethical issues in the practice of psychology. 30 May 2017
- Attended 10 days' workshop, on Research methodology 14-24 Dec 2018, organized by department of yogic science, faculty of health science, GurukulKangri Vishwavidyalaya.

Short term course attended-

- Significance of literary theories in humanities and social sciences” 03-07-2017 to 07-07-2017 at Quality improvement programme centre. IIT, Roorkee.
- “Gender sensitization” 27-06-2019 to 03-07-2019 at Human Resource Development Centre Kumaun University, Nainital (Uttarakhand)

Ph.D Awarded- 02

- 1- Roopendra Kumar, (2020).Teacher effectiveness in relation to values and personality.
- 2- Surabhi Rawat (2020). Effect of parental expectation on academic anxiety and achievement motivation of high school students.

Ph.D supervision- 02

- 1-Mony Singh (2017), Acceptance of disability as correlates of parental self-efficacy and stress in the parents of autistics children.
- 2-Ruby (2018), Effect of children’s sex role attitude and school environment on self-esteem happiness and academic achievement.

M.A Dissertations- 02

External evaluator at IGNOU centres.

Research papers in Book-

- 1- Rani. S, (2020) **Psychological**
- 2- **Psychological impact of COVID-19. Covid-19: Pandemic and Human life. Published by pacific books international. ISBN-978-93-88536-69-1**

Translation Work in Indian and foreign languages: -

Rani.S., (2020) Translated 05 Chapters in IGNOU course BPCC-102,Bio-Psychology.ISBN- 978-93-90496-89-1

Unit-2 Neuron and nerve impulse. p.no- 32-48

Unit-3 The central nervous system. p.no- 53-70

Unit-4 The peripheral nervous system p.no- 73-83

Unit-5 Hemispheric Specialization P.no- 87-99

Unit-6 The endocrine system P.no- 105-119.

Research Papers Published In International/ National Journals (24)

1. Rani, S, (2020) Positive psychology in Kabir's views. Shodh Sarita, An international bilingual peer reviewed refereed research journal. ISSN- 2348-3620, Vol-7, Issue no- 10 p.no- 13-18. oct-dec issue.
2. Rani. S and Rawat.S., (2020) Academic anxiety in relation to gender and inhabitation of adolescent. Shodh Sanchar Bulletin, ISSN- 2229- 3620, VOL-10. Issue-40, page no- 26-32, oct-dec issue.
3. Rani.S and Kumar.R (2019) Teacher Effectiveness in relation to values. Think India, ISSN-0971-1260, Vol-22, Issue-4 oct-dec 2019. ugc care list
4. Rani. S (2019). Teacher effectiveness in relation to personality of senior secondary school teacher. *Behavioural scientist*, ISSN- 09725911, 20(1),69-76 ugc approved 40778
5. Rani. S (2019). Effect of parental expectations on academic anxiety of high school students. *Research Review International Journal of Multidisciplinary*.p. g-740-743, e ISSN- 2455-3085, vol-4 issue-02 (feb.)
6. Rani, S (2018). Substance abuse in relation to socio-cultural factors. *The Asian Journal of Psychology and Education*, pg 22-30, ISSN-0971-2909, vol-51, No 7-8 (Dec)
7. Rani, S (2018). Impact of Teaching Experience on teacher effectiveness. *International Journal of Higher Education and Research*, ISSN-2277-260X, vol.8 (2), pg 267-279, (July).
8. Rani.S,Rawat.S.,(2017). Impact of parental support on academic performance of adolescent. Sanskurti international multidisciplinary research journal. Vol-ii issue- iv page no- 38-46.ISSN: 2455-1511
9. Rani.S,Saroha.B.,(2017). Changing society's attitude towards environment by changing society's culture. Sanskurti international multidisciplinary research journal. Vol-III issue- I page no- 14-21.ISSN: 2455-1511
10. Rani.S. Rawat.S.,(2017). Perceived parental expectation among high school students. International journal of research in management and social science. Vol.5,issue 2(1), ISSN: 2322-0899 Vol-5 issue (III) oct-dec2017, page no.34-38
11. Rani,S.,(2017).Ahalya's psychological intervention in Ramayana. Social sciences international; research journal. Vol 3,ISSN- 2395-0544 pp- 111-114.
12. Rani.S. (2016). Strategies to reduce mathematics anxiety among secondary school students. *Behavioural scientist* vol. (18) issn-0972-5911.p.no-19-26. Jan 17
13. Rani.S.,Kumar.R.,(2016). Perceived loneliness in relation to gender and area of adolescents.IOSR International journal of humanities and social sciences. Vol. 21 issue 12 ver. 1 dec 2016 pp 57-62. e ISSN-2279-0837, p ISSN-2279-0845.

14. Rani.S, Saroha.B.,(2016) Occupational stress and coping strategies. International journal of management and behavioural sciences (IJMBS). Vol-6-7, ISSN- 2278-5671 P.NO-404-412.
15. Rani.S.(2015) Personality factors as related to stresses among parents of mentally sub-normal children. International journal of humanities and social science invention. Vol;4 issue 9 E issn; 2319-7722 p-ISSN 2319-7714 pp-1-6
16. Rani.S.,Rajni., (2015) A study of occupational stress among executives of public sector and private sector. Global journal of Business Management. Vol 9, no 2 dec 15 ISSN; 0973-8533. Page-no 01-09 Refereed journal
17. Rani.S. (2015). A comparative study of adjustment among working and non-working women. The Asian Journal of Psychology and Education. Vol. 48 dec 15 No 7-8 ISSN-0971-2909. Page no-20-26 Refereed journal
18. Rani,S.,(2014) Perceived stress factors and coping style of the parents of mentally sub-normal children. *Behavioral Scientist* 15(1), 59-67, ISSN: 0972-5911, Refereed journal
19. Rani,S.,(2015) An eye on the challenges faced by third gender-Equality and Truth. International journal of research in management and social science. Vol.3,issue 2(1), 34-38, ISSN: 2322-0899
20. Rani,S.,(2013) Anxiety in relation to gender of both high and low blood pressure patients. *Behavioural Scientist*. 14(2), 133-138, ISSN-0972-5911, Refereed journal.
21. Rani.S.(2011).Personality factors as related to stresses among parents of mentally sub-normal children. *Behavioral Scientist* 12(1), 57-62, ISSN: 0972-5911,Refereed journal.
22. Rani.S.(2010). Stress factors among parents of children with mental retardation. *Indian journal of health and well- being*. Vol.(1) p.no- 51-52 issn- 2229-5356.Refereed journal.
23. Rani.S.(2008). Stress factors among mothers of children with mental retardation. *Behavioural Scientist*. 12(1), 57-62. Issn- 0972-5911Refereed journal.
24. Rani.S.(2008). Personality of the parents of mentally sub-normal children. *Psychometric*. Vol.25 no 1-2, p.no 48-52.Refereed journal.ISSN- 0304-9078

Research Paper Published In Conference/Seminar Proceedings–

1. **Rani.S.Kumar.R.,**((2017). Teacher effectiveness in relation to experience of senior secondary teachers . Post liberalization development in business management. Vol-1 , ISBN-978-93-86608-27-7. P. no- 415-419 Bharti Publication, New Delhi.
2. **Rani,S. Rawat.S, .Kumar.R.,**(2017).Parental support in relation to academic achievement of adolescents. Psychology past, present and future. Wisdom publication Delhi. ISBN-978-93- 85504-49-5.
3. **Rani.S.** (2014) Parenting practice and development of life skills in adolescence. Contemporary issues of finance and business management. ISBN- 978-9381212-28-8, june 2014.
4. **Rani.S.**(2013) Social interest in adolescent. Handbook of finance and business management. ISBN: 978-93-81212-28-8, p-no- 570-574.
5. **Rani.S.**(2012) Suicide Prevention: An urgent need. . Handbook of Management and Behavioral Sciences. ISBN: 978-81-89547-96-7, p.no-512-516.
6. **Rani.S.**(2011) Occupational stress among employees of government hospitals. Handbook of management and behavioural sciences.ISBN: 978-81-89547-96-7, P.no, 441-448 april 2011.
7. **Rani.S.**(2011) A comparative study of HIV/AIDS in rural and urban population. Recent trends in psychology in Indian perspective. P.no- 78-81. Jan 2011

Research Paper Presented In International/National Conference/Seminars

1. Rani.S (2019), perceived parental expectation as related to achievement motivation of high school students. 6th international and 8th Indian psychological science congress. Chandigarh 18-20 oct.2019.
2. Rani.S (2019), Effect of parental expectation on academic anxiety of high school students. National conference on “Taxonomy of professional competencies for global citizenship” organized by comp-feeders group of institutions, Indore (M.P.) on 19 feb. 2019
3. Rani.S (2018), Influence of human values on adolescents. National seminar on new horizons of overall development and higher education in india. Organized by sanatan dhram college Muzaffarnager U.P. 16 Feb 2018
4. Rani.S (2018), Impact of teaching experience on teacher effectiveness. International conference on positive psychology for health and wellbeing. Organized by guru Jambheshwar University of science and technology Hisser Haryana. 9-10 march 2018.
5. Rani.S (2018), Teacher effectiveness in relation to personality of senior secondary school teachers. 5th International and 7th Indian psychological science congress. Organized by Punjab university, Chandigarh. 26-28 oct 2018.

6. Rani.S (2019) Academic anxiety in relation to gender and inhabitation.45TH NACIACP 2019 on enhancing mental health: Exploring new dimensions. Organized by dept. Of clinical& rehabilitation psychology and research. NIEPVD ,Dheradoon.25-27 May 2019
7. Rani.S (2019) Acceptance of disability and parental stress in the parents of ASD children.45TH NACIACP 2019 on Enhancing mental health: Exploring new dimensions. Organized by dept. Of clinical& rehabilitation psychology and research. NIVH ,Dheradoon 25-27 may 2019
8. Rani.S.(2017) Teacher effectiveness in relation to experience of senior secondary teachers. XVI International Conference on Business Management and Behavioral Sciences (ICBMBS-17) organized by Society of Technical and Management Professionals (STMP) at Hotel Grand Shiva, Harwar, Uttarakhand on Dec 30-31, 2017.
9. Rani.S (2017). Emotional competences and stress: A theoretical perspective. ICIAP-2017. 3RD International conference of Indian academy of health psychology.12th -14th November 2017. Lucknow.
10. Rani.S. (2017). Achievement motivation among adolescents in relation to economic status of their parents. Indo-Canadian Conference of psychology; Past present and future (ICCP-2017) 29-30 May Haridwar.
11. Rani.S.(2017). Parental support in relation to academic achievement of adolescents. Indo-Canadian Conference of psychology; Past present and future (ICCP-2017) 29-30 May Haridwar.
12. Rani.S. (2017), Self-employment for differently able persons. National seminar on DIVANG, empowerment in current perspective- challenges and solutions. Organized by ; department of psychology Jagadguru Rambhadracharya. Handicapped University Chitrkoot U.P. 23-24 march. 2017.
13. Rani.S.(2017) . Ahalya's psychological intervention in Ramayana. 51st international conference on women entrepreneurship...humanities and social sciences. March-30 to april 01 2017. Venue IMRF Goa,India
14. Rani.S., (2016) Substance abuse in relation to socio- cultural factors. International conference of Indian academy of health psychology. Organized by department of psychology of health psychology and mental health. Gautam Buddha University. Noida U.P.
15. Rani.S. (2016). Strategies to reduce mathematics anxiety among secondary school students. National seminar on vision India .Organised by Methodist girls' college.Roorkee. march 18-19 2016.
16. Rani.S. (2016). Perceived loneliness in relation to gender and area of adolescents. National seminar on drug addiction among adolescents. 13-14 march 2016. Organized by psychology department Meerut College, Meerut.

17. Rani.S.(2016). *Role of science and technology in teaching and learning process*.International conference on advances in science, engineering and technology. Venue. G.K.V.campus.Haridwar.
18. Rani.S. (2015) . Impact of social media on student's learning abilities. ICSSR Sponsored National conference on impact of social media on society and environment. Organized by Digamberjain college, Baraut.India 30-31stjan 2016.
19. Rani.S. (2015) . Impact of social media on student's learning abilities. ICSSR Sponsored National conference on impact of social media on society and environment. Organized by Digamberjain college, Baraut.India 30-31stjan 2016.
20. Rani.S.(2015) Vyaktitva ke vedic aadhar. National conference on vaishwaik gyan vigyan ke paripraikshya me vedo ki praasangikta. Ved department 13-15 march
21. Rani.S.(2015), Academic anxiety of adolescence in relation to vocational interest. Indo-Canadian international conference of business and behavioural sciences.(ICICBBS-2015). Goa, India 3rd-4thjuly
22. Rani.S.(2015), A look on the lifestyle of dad; inside story.Indo-Canadian international conference of business and behavioural sciences.(ICICBBS-2015). Goa, India 3rd -4thjuly
23. Rani.S.(2014) Occupational stress and coping strategies. 13th International Conference on management and behavioural science. Society of Management and Behavioral Sciences SMBS,(India).22-23 june
24. Rani.S. (2014) Life style improvement in elderly people through psychosocial rehabilitation. National seminar on mental health challenges and remedial approaches. 15-16 feb.
25. Rani.S. (2013) Parenting practice and development of life skills in adolescence.4th International conference on finance and business management.(ICFBM). Organised by society of technical and management professional.(STMP) NEW DELHI, 15-16.june..
26. Rani.S. (2012) Social interest in adolescent. International conference on finance and business management.(ICFBM). Organised by society of technical and management professional.(STMP) NEW DELHI, 21 OCT.
27. Rani.S. (2012) Positive psychology in kabir views.(2012) International conference on positive psychology. Amity University JAIPUR. 6th -8th august
28. Rani.S (2012) Suicide prevention: An urgent need. 5th International conference on management and behavioural sciences. Society of management and behavioral sciences (SMBS,INDIA) 23rd - 24thjune
29. Rani.S (2012) Role of women education in understanding human rights.Akhil Bhartiya Seminar, Organized by Jagdish Saran Hindu P.G college Amroha U.P 12 Feb.
30. Rani.S.(2011) Friends influence on adolescents adjustment in schools. National seminar on problems of adolescents: A current perspective. Organized by Department of psychology. Meerut College Meerut India 11-12 November.

31. Rani.S.(2011) A study of occupation stress among executives of public and private sector . International conference of management and behavioural sciences. Organized by society of management and behavioural sciences. Haridwar. India 04-05 June.
32. Rani.S.(2011) occupational stress among employees working in government hospitals. International conference of management and behavioural sciences, organized by society of management and behavioural sciences. Jodhpur. India 2-3 April.
33. Rani.S.(2011) A comparative study of HIV/AIDS in rural and urban population. National conference on psychology. M.L.P.G.College Bhopal M.P 06-08 January.
34. Rani.S.(2010) Educational challenges for problem with learning disabled children. International conference on positive psychology: A new approach to mental health. Organized by Amity University Rajasthan 06-08 Aug.
35. Rani.S.(2010) Impact of climate change on women. International conference on environmental education: A pledge to save the earth. Organized by Dayalbagh educational institute. Deemed university Agra U.P, 2-4 July 2010.