

Curriculum Vitae

Dr. Naveen Pant

Department of Psychology
Gurukula Kangri (Deemed to be University),
Haridwar- 249404, India
Mob: +91-8279904845
E. Mail: naveenpantgkv@gmail.com



1. **Name** : Naveen Pant
2. **Date of Birth** : 02 July 1989
3. **Current Job Profile** : Assistant Professor (Ad hoc)
Department of Psychology,
Gurukula Kangri (Deemed to be University),
Haridwar- 249404
Uttarakhand, India
4. **Residential Address** : Flat no. 51, Kartikey Apartment
(Niranjani Akhara), Mahila Vidyalaya Road,
Jagjeetpur, Kankhal
Haridwar- 249408
Uttarakhand, India
5. **Cell Phone No.** : +91-8279904845
6. **E Mail ID** : naveenpantgkv@gmail.com
7. **Academic Qualifications** : M.A., Ph.D. (Psychology)
8. **Subject** : Psychology
9. **Ph.D. Title** : **The Impact of Spirituality on Mental Health and Quality of Life among College Students**
10. **Teaching Experience** : 4 years teaching experience at UG & PG level
(Experience details attached)
11. **Research Experience** : 9 Years research experience
12. **Field of Specialization/
Interest** : Spiritual/ Indian Psychology, Positive Psychology,
Clinical Psychology & Mental Health

- 13. Publication of Research Papers** : **13** Research papers published in International/ National Journals (List enclosed)
- 14. Research papers in process of Publication** : **1** research papers are under the process of publication in research journals
- 15. Books in Process of Publication:** **1** book is under the process of publication entitled “A Look at Spirituality, Mental Health, Quality of Life and Indian Psychology”
- 16. Publication of Book Chapters:** **1** (List Enclosed)
- 17. Conferences/Seminars/ Workshops Participated** : **13** (List enclosed)
- 18. Abstracts published in Abroad : Conferences** : **1** (See list)
- 19. Dissertation Completed** : **1** dissertation completed at P.G. level (Year, 2012) (Title: Stress as related to the Personality Adjustment of Adolescents)
- 20. Member of Editorial Board of the Journals** : **2** (Appointed as a member of editorial board in following journals :)
- (i) Humanities and Social Sciences (Science Publishing Group, USA) ISSN: 2330-8176, e-ISSN: 2330-8184
- (ii) SCIREA Journal of Health (Science Research Association)
- <http://www.scirea.org/journal/EditorialBoard?JournalID=33000#5537>
- 21. Member of Reviewer Board of the Journals** : **2** (Appointed as a member of Reviewer board in following journals :)
- (i) Health and Social Care in the Community, Wiley, Online ISSN: 1365-2524. Indexed at SCOPUS, PsycINFO, PubMed, etc.
- (ii) Journal of Mental Health and Clinical Psychology, USA, ISSN: 2578: 2959
- 22. Verified Reviews:** **26** (Reviews done for research papers & verified on Publons)

23. Citations & h-index : Citations and *h*-index counted by various databases
 (i) by **Google Scholar-** respectively **66** & **3**
 (ii) by **Scopus-** respectively **10** & **1**

24. Awards & Achievements: 1 (See list)

Computer Skills:

- Hands-on experience of using MS Office and SPSS etc.

Past Experience & Current Affiliation:

Position held	University/ Institute Name	Time Period
Assistant Professor (Adhoc)	Gurukula Kangri (Deemed to be University), Haridwar, India	August 2017- May 2020
Counselor (Psychology)	UOU Study Center, MBPG College, Haldwani, Nainital, Uttarakhand, India	July 2020- September 2021
Assistant Professor (Adhoc)	Gurukula Kangri (Deemed to be University), Haridwar, India	October 2021- Till Now

Publication of Research Papers:

1. **Naveen Pant** and S.K. Srivastava: Stress as related to the personality adjustment of adolescents. *Asian Journal of Research in Social Sciences and Humanities*, May 2013, 3 (5), 39 -43 (ISSN: 2250-1665).
2. **Naveen Pant** and S.K. Srivastava: A study of spirituality, religiosity and mental health. *Radix International Journal of Research in Social Science*, October 2013, 2 (10), 43-55 (ISSN: 2250-3994).
3. **Naveen Pant** and S.K. Srivastava: Effect of spiritual intelligence on mental health and quality of life among college students. *Zenith International Journal of Multidisciplinary Research*, 2014, 4 (8), 208- 215 (ISSN: 2231-5780).
4. **Naveen Pant** and S.K. Srivastava: Self- management in Indian spiritual perspective. *International Journal of Research in Organizational Behavior and Human Resource Management*, June 2015, 3 (2), 173-178 (ISSN: 2320-8724).
5. **Naveen Pant** and S.K. Srivastava: Spiritual intelligence, gender and educational background as related to the quality of life of college students. *Indian Journal of Positive Psychology*, 2015, 6 (3), 226-232 (ISSN: p-2229-4937e-2321-368X).

6. S.K. Srivastava and **Naveen Pant**: Social support and achievement motivation among adolescents. *BEST: International Journal of Humanities, Arts, Medicine and Sciences*, December 2015, 3 (12), 117-124 (ISSN: (P): 2348-0521, ISSN (E): 2454-4728).
7. S.K. Srivastava and **Naveen Pant**: Emotional intelligence and academic achievement among graduate students. *International Journal of Research in Social Sciences*, June 2016, 6 (6), 14-22 (ISSN: 2249-2496).
8. A. Kumar, **Naveen Pant** and D. Sharma: A study of spiritual intelligence and religiosity across gender, region and age among pilgrims of haridwar and rishikesh. *International Journal on Arts, Management and Humanities*, 2017 6 (2), 201-210 (ISSN online: 2319-5231).
9. A. Kumar, S.K. Srivastava and **Naveen Pant**: Comparative study of spiritual intelligence and religiosity among Indian and foreign tourists in religious places in Uttarakhand. *Quest- The Journal of UGC- HRDC Nainital*, 2018, 12 (2), 150-156 (ISSN online: 2249-0035). DOI: [10.5958/2249-0035.2018.00029.3](https://doi.org/10.5958/2249-0035.2018.00029.3)
10. **Naveen Pant**: Mental health and mind in Indian perspective. *Vaidika Vag Jyotih, Special Issue on Vedic (Ancient Indian) Psychology*, January- June 2018, 6 (10), 247- 255 (ISSN: 2277-4351).
11. **Naveen Pant** and S. Pant: Psychotherapy in Swami Shivanand's view. *Pavmani, Special Issue on Upanishadon me Vividh Vidyaen*, January- June 2018, 33 (1-2), 96- 102 (ISSN: 2229-6328).
12. **Naveen Pant** and S.K. Srivastava: The impact of spiritual intelligence, gender and educational background on mental health among college students. *Journal of Religion and Health*, 2019, 58 (1), 87-108 (ISSN (E): 0022-4197), Published Online: 30 November 2017, DOI: <https://doi.org/10.1007/s10943-017-0529-3>. Indexed at **SCOPUS**, **PsycINFO**, etc.
13. **Naveen Pant** and O.K. Sharma: Effect of Professional and Non-Professional Courses on Mental Health among College Students. *Islamic Guidance and Counseling Journal*, January 2021, 4 (1), 98-105, (ISSN (E): 2614-1566), DOI: <https://doi.org/10.25217/igcj.v4i1.1243>. Indexed at **SCOPUS**, **Crossref**, etc.

Publication of Book Chapters:

1. **Naveen Pant**: भारत में युवाओं के मुद्दे और चुनौतियां: एक मनो-सामाजिक परिप्रेक्ष्य (Issues and Challenges among Youths in India: A Psycho-Social Perspective). *Contemporary Issues of Youth*, 2021, 155-165. (Lulu Publication, U.S. / ISBN: 978-1-257-91258-2).

Conferences / Seminars /Workshops:

1. Participated in one month course entitled “*Foundation Course in Yoga Science for Wellness*” conducted by S. Vivekananda District Yoga wellness centre, Haridwar (Uttarakhand) during the month of December 2011.
2. Participated workshop on “*Recent Advances in Yoga and Stress*” organized by Patanjali Research Foundation & University of Patanjali , Haridwar , Uttarakhand from 1-2 February 2014.
3. Paper presented on “*Effect of Spiritual Intelligence on Mental Health and Quality of Life among College Students*” in “*National Seminar on Mental Health Challenges and Remedial Approaches*” organized by Department of Psychology , Gurukula Kangri University , Haridwar on 15-16 February 2014.
4. Paper presented on “*The Impact of Spiritual Intelligence, Gender and Educational Background on Mental Health among College Students*” in “*2nd International and 4th Indian Psychological Science Congress*” organized by Department of Psychology, P.G. Govt. College, Sector-46, Chandigarh on 08- 09 October, 2015.
5. Participated in the symposium entitled “*Bhavyabharatnirmane Sanskritasya Upadeyata*” organized by Department of Sanskrit, Gurukula Kangri University, Haridwar on 04 September 2017.
6. Paper presented on “*Psychotherapy in Indian Perspective*” in National Seminar entitled “*Sanskritvangmaye Vaikalpikchikitsapaddhatayah*” organized by Department of Sanskrit, Gurukula Kangri University , Haridwar on 05 September 2017.
7. Delivered scholarly lecture on “*Managing Self: An Indian Psychological Perspective*” in “*4th International Conference on “Developing Human Values through Yoga”* joint organized by Indian Association of Yoga New Delhi & Department of Yogic Science, Uttarakhand Sanskrit University, Haridwar on 24-25 February 2018.
8. Participated in the symposium entitled “*Rashtrasurkchhavidhane Sanskritam Sadhanam Param*” organized by Department of Sanskrit, Gurukula Kangri University, Haridwar on 20 September 2018.
9. Paper presented on “*Mental Health and Mind in Indian Philosophy*” in National Seminar entitled “*Sanskritvangmaye Vividhyogpaddhatayah*” organized by Department of Sanskrit, Gurukula Kangri University , Haridwar on 21 September 2018.
10. Paper presented on “*Psychotherapy: An Indian Psychological Approach*” in National Seminar entitled “*Yog evam Shreemadbhagwadgeeta ke Siddhanton evam Sadhna Paddhyatyon ka Swaroop evam Prasangikta*” organized by Department of Philosophy, Gurukula Kangri University , Haridwar on 24- 25 November 2018.

11. Paper presented on “**Vastu Shastra and Health (Physical and Mental)**” in National Seminar entitled “*Sanskritvangmaye Shilpvidhyah Lalitkalshch*” organized by Department of Sanskrit, Gurukula Kangri University , Haridwar on 20 September 2019.
12. Participated in 7 days national workshop on “*Sodh Pravidhi (Research Methodology)*” organized by Gurukula Kangri Vishwavidyalaya, Haridwar, from 27 January- 2 February 2020.
13. Participated in 2 days *National Webinar on “Challenges Related to Mental Well-being of Divyaangjan in Corona Period and Their Therapeutic rehabilitation”* held from 23/01/2021 to 24/01/2021 organized online by Uttarakhand Open University and MBPG College, Haldwani.

Abstracts published/ Papers Accepted for Presentation Abroad:

1. Abstract published: Paper entitled “**Sleep, Mind and Mental Health in Indian Psychology**” accepted for oral presentation in the joint event on “*7th World Congress on Addictive Disorders and Addiction Therapy & 29th International Conference on Sleep Disorders & Psychiatry*” organized by Sleep Congress 2018 EuroSciCon Ltd at London, UK, July 16-18, 2018. And the abstract got published in the journal *Clinical Psychiatry*, 2018, 4, 55 (ISSN: 2471-9854). DOI: (<https://doi.org/10.21767/2471-9854-C1-003>)
2. Invited for speech entitled “**Quest of Mental Health in Educational System: An Indian Psychological Approach**” in the *World Education Day-2018* themed “*Inheritance, Opening, Sharing, Smartness*” under **Session 6-2: Medical and Health Education (III)** at Shandong Hotel, Jinan, China, September 28-30, 2018.

Awards & Achievements

1. Awarded “**Young Scientist Award**” in ‘*10th International Scientist Awards on Engineering, Science and Medicine VDISA 2020*’ (26 & 27- Sep-2020, Hyderabad, India).

(Dr. Naveen Pant)
